



# CQ GO™

## PREPARING FOR YOUR OVERSEAS STUDY

**CQ Go™** is an interactive course designed to prepare international students to study at a Western university (e.g., US, UK, Australia, etc). Students will complete six unique and engaging modules to develop a personalized action plan for using cultural intelligence to succeed in their overseas study.

**Cultural Intelligence (CQ®)** is the ability to relate and work effectively with people from different cultural backgrounds and it's proven to predict whether international students will succeed or fail.



**Chris DeRushia**  
CQ GO HOST

### WHY CQ?

- **82% of international students** suffer from high levels of stress and anxiety.
- **Universities** want students to have high CQ. **Employers** want graduates who have high CQ.

### HIGH CQ PREDICTS YOUR ABILITY TO:

- **Adjust** and make friends
- **Cope** with language barriers, academic pressure, and limited time to get everything done
- **Use** your overseas study to land a job when you graduate

**APPLICANTS WITH HIGH CQ MOVE TO THE TOP OF THE CANDIDATE LIST**



**“ CQ IS THE KEY TO NAVIGATING OUR BRAVE NEW WORLD. ”**

— Rakesh Khurana, Dean of Harvard College



**“ WE NEED LEADERS WITH CQ WHO CAN MAKE CONNECTIONS WITH PEOPLE WHO ARE NOT LIKE THEM. ”**

— Shuvo Saha, Google

## WHAT IS CQ GO?

Now with a **brand new**, one-hour course developed by the leading researchers of cultural intelligence, students can improve their CQ before or during their time on campus. **CQ Go** is an online, interactive course for international students that provides real life examples and practical **strategies to succeed** inside and outside the classroom at a Western university.



## THOSE WHO COMPLETE THE COURSE WILL:

- Know what to expect in a Western classroom
- Be better equipped to socialize with peers from Western cultures
- Develop problem-solving skills for multicultural conflicts
- Be prepared to interview for jobs and internships in western cultures

## COURSE CONTENT

- Learn the importance of cultural intelligence for your overseas study
- Practice solving three real-life dilemmas faced by other international students
- Create an action plan to ensure success during your overseas studies
- Receive downloadable resources for easy reference during and after the course

## COURSE FEATURES

- ✓ **ENGAGING** | Hosted by Chris DeRushia, a young and energetic guide who brings CQ to life
- ✓ **USER FRIENDLY** | One hour of content that can be completed during the learner's own time and pace
- ✓ **INTERACTIVE** | Six modules, 5-10 minutes each, filled with interactive learning activities, knowledge checks, videos, presentations, and goal setting
- ✓ **ACCESSIBLE** | Mobile friendly access through a secure online portal



**CQ GO WILL EQUIP YOU TO MAKE YOUR OVERSEAS STUDY THE INVESTMENT OF A LIFETIME**



### CONTACT US

With experts around the world, we have teams of professionals ready to help you develop creative solutions and/or deliver training and consulting services wherever you need it.

**CULTURAL  
INTELLIGENCE  
CENTER**